

CHRISTMAS HAMPERS 2019

The Christmas Bureau offers the following suggestions for inclusion in Christmas Hampers:
Your best buy is Grade B young turkey because it supplies more meat and roasts better.
The quantity of food can be varied according to the ages of the children and the needs of the family.

Hamper Food Items	Size 6-7	Size 4-5	Size 2-3	Size 1
Turkey	7-9 kg	5-7 kg	Up to 5 kg	1kg Cryovac Ham or Cornish Hen
Potatoes	10 lb	10lb	5 lb	5 lb
Vegetables (canned)	5 x 398 gm	4 x 398 gm	2 x 398 gm	1 x 398 gm
Butter or Margarine	454 gm	454 gm	454 gm	250 gm
Stove Top Dressing	2 x 250 gm	1 x 120 gm	1 x 120 gm	
Turkey Gravy	3 pkgs	3 pkgs	2 pkgs	
Cranberry sauce or jelly (canned)	2 x 398 ml	2 x 398 ml	1 x 398 ml	1 x 398 ml
Christmas Cake or Cookies	600 gm	600 gm	600 gm	250 gm
Christmas Candy or nuts	454 gm	454 gm	454 gm	250 gm
Mandarin / Festive Oranges	24	18	12	6
Fruit (canned)	3 x 398 ml	2 x 398 ml	1 x 398 ml	1 x 398 ml
Soup (canned or dehydrated)	5 x 284 ml	3 x 284 ml	1 x 284 ml	1 x 284 ml
Pasta (e.g.: spaghetti)	3 x 340 gm	2 x 340 gm	1 x 500 gm	1 x 340 gm
Tomato Sauce	4 x 650 ml	3 x 650 ml	1 x 650 ml	1 x 650 ml
Real Fruit Juice	4 litres	3 litres	2 litres	1 litre
Tea or Instant Coffee	250 gm	250 gm	250 gm	250 gm